

YOUR GUIDE TO CHOOSING THE PERFECT WELLNESS ESCAPE

A wellness experience does wonders for someone who needs to de-stress and rejuvenate mind, body and spirit!

Taking time to focus on self-care will not only restore your well-being; it will help to provide you with clarity, enhancing your overall vacation experience.

These excellent hotels, resorts, and cruises provide perfect remedies for the following:

- Rest & Relaxation
- Discover & Maintain Healthy Lifestyle
- Balance, Connection & Joy
- Disease Prevention/Management
- Transformative Experiences



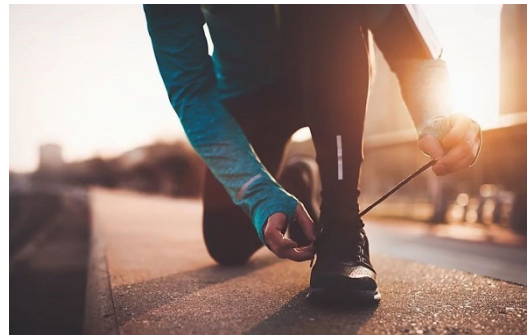
FITNESS

(Physical Activities, Hiking, Biking, Horseback Riding)

Top Hotels & Resorts

- Hacienda AltaGracia, Auberge Resorts Collection – Perez Zeledon, Costa Rica
- Half Moon Jamaica – Montego Bay, Jamaica
- Miraval Arizona Resort & Spa – Tucson, AZ
- The Ranch Malibu - Malibu, CA

Region: U.S., Caribbean, Latin America



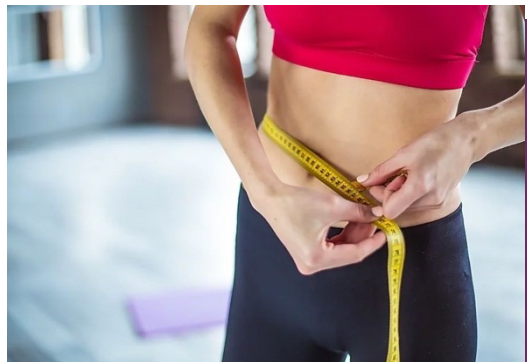
MEDICAL

(Assessments, Anti-Aging, Treatments, Weight-Loss)

Top Hotels & Resorts

- Body Holiday - Cap Estate, St. Lucia
- Carillon Miami Wellness Resort – Miami, FL
- Rancho Valencia Resort & Spa - Rancho Santa Fe, CA
- SHA Wellness Clinic – Alicante, Spain
- Solaz, A Luxury Collection Resort – Los Cabos, MX

Region: U.S., Caribbean, Latin America, Spain



HOLISTIC

(Yoga, Meditation, Detox, Cleanse)

Top Hotels & Resorts:

- Conrad Tulum Riviera Maya - Tulum, MX
- One & Only The Palm - Dubai, United Arab Emirates
- Sensei Lana'i, A Four Seasons Resort - Lana'i, HI

Region: Latin America, Asia, Pacific



REST & RELAXATION

(Spa, Beach, Seclusion)

Top Hotels & Resorts:

- Enchantment Resort - Sedona, AZ
- Joali Being - Male, Maldives
- Waldorf Astoria Los Cabos Pedregal - Cabo San Lucas, MX

Region: U.S., Asia, Latin America



RETREATS & CRUISES

Retreats:

- Palmaia, The House of AiA - Playa del Carmen, MX
- Sanctuary Camelback Resort & Spa - Scottsdale, AZ

River Cruises:

- AMA Waterways
- Seabourn Cruise Line

Ocean Cruises:

- Celebrity Cruises
- Scenic Luxury Cruises & Tours

Region: Worldwide



FOR MORE INFO ABOUT ANY OF THESE AMAZING WELLNESS EXPERIENCES,
CALL 866-447-7857 OR EMAIL info@toinfinitytravel.com!



Box 800442, Santa Clarita, CA 91380
866-447-7857 | loreross@toinfinitytravel.com
Mon-Fri 9am-4pm - Sat 10am-2pm PST